

# NEW PRODUCT INFORMATION: LENTRA

Long Natural Health  
[www.longnaturalhealth.com](http://www.longnaturalhealth.com)

TARGETED FORMULATION

## ANXIOLYTIC FORMULA (GABA-A AGONIST)

Ingredient	Potency/weight
Magnesium Taurate.....	272 mg
(Source of taurine, an inhibitory amino acid molecularly bound to magnesium)	
L-Theanine.....	75 mg
(L-theanine as Suntheanine®; GABA-A receptor agonist )	
Lactium® .....	75 mg
(Milk peptide safe for most dairy-sensitive patients; Natural anxiolytic; GABA-A Receptor agonist)	
NSB™ .....	102.5 mg

## SYNOPSIS AND PRODUCT USAGE!

**SYNOPSIS AND REVIEW:** Lentra is a natural anxiolytic formula targeting GABA-A receptors. It is a highly effective product which activates inhibitory neurotransmission and induces relaxation and restfulness, without inducing sedation.

**INDICATIONS:** Use when support is needed for the GABAergic system during the re-balancing process. For example, use when assessment shows GABA below the reference range or insufficient to control elevated excitatory neurotransmitters, particularly glutamate or any of the catecholamines. GABA support is needed when patient presentation involves anxiety, insomnia, nervousness, irritability. GABA elevations may be present in compensation for low Serotonin; when Serotonin is raised, high GABA levels often normalize. Lentra contributes to both the rebalancing process and to symptom management.

**CONTRA-INDICATIONS:** No specific contraindications other than individuals hypersensitive to any of its ingredients.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

GABA-A AGONIST



To Place your order for Lentra  
or if you have any questions...

