

# NEW PRODUCT INFORMATION: SOMNI-TR

Long Natural Health  
[www.longnaturalhealth.com](http://www.longnaturalhealth.com)

TARGETED FORMULATION

## GET TO SLEEP AND STAY ASLEEP! TIME-RELEASED MELATONIN SLEEP AID

Ingredient	Potency/weight
Coleus Forskohlii..... (standardized for 20% forskolin)	100 mg
Lactium® .....	75 mg
Pantethine.....	20 mg
Melatonin..... (released as 1 mg initially and 1 mg 3 hours later)	2 mg

## SYNOPSIS AND PRODUCT USAGE!

### SYNOPSIS AND REVIEW:

Somni-TR supports melatonin production and function through multiple steps in the serotonin → melatonin pathway as well as influencing inhibitory GABAergic activity.

**INDICATIONS:** Sleep latency and inability to stay asleep; rhythm disorders or jet lag; may be used in conjunction with Prolent, Prolent Forte and/or Lentra. Melatonin has been shown to reduce ACTH-stimulated Cortisol production and may be useful in cases of stress-induced elevations of Cortisol.

**CONTRA-INDICATIONS:** History of major depressive disorder.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

SLEEP SUPPORT



To Place your order for Somni-TR  
or if you have any questions...

